

# SOUL SANCTUARY

## SOUL SANCTUARY CLASSES & COURSES TERM 2 2025

### **SPIRITUAL METAMORPHOSIS & THE DIVINE FEMININE**

The term will begin with completion of our **Divine Feminine** learning. We will finish exploration regarding rituals, ceremonies and practises celebrated to honour the divine feminine, cycles of nature and the interconnectedness of all life.

Focus will then include sharing common stages of spiritual awakening, signs of spiritual transformation and understanding this process of spiritual metamorphosis unfolding within each of us.

Meditation, oracle cards & healing practises will be offered each session.

DATES: **Thursdays**, 1 May – 12 June TIME: **midday – 1pm** COST: \$140 (7 weeks)

### **PEACE & POSITIVITY THROUGH GRATITUDE & GRATEFULNESS**

*Following on from 'Living Purposefully with the Divine', we now put into practise HOW to bring more peace, positivity & pleasure to our daily lives. Each week we will focus on a Spiritual New Age Guru/Teacher and learn about how their work has impacted the world through being in a state of gratitude and their teachings about gratefulness. We will explore differences between gratitude & gratefulness, how to actively practise & maintain this, benefits, ways/tips/observations. This course will include a practical component as well as beautiful guided meditations, discussion & peace practises.*

DATES: **Wednesdays**, 30 April – 11 June TIME: **midday – 1pm** COST: \$140

### **OTHER CLASSES/COURSES** -

**REIKI** - workshops, all degree levels. Taught in pairs for maximum benefit.

**Numerology** - *An enlightening foundation numerology course exploring the universal language of numbers. Uncover information about yourself understanding how **your special numbers** have significance and how to apply them to enhance your life.* \$279

**Soul Signs** - A popular course offered one-to-one over 5 weeks, assisting you to discover so much about you! What motivates you and why do you behave the way you do? Your soul sign relates to your true nature & purpose & this course can open you up to huge personal growth and understanding. \$349 (5 weeks 1:1)

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## PSYCHIC DEVELOPMENT EXPANSION & ENHANCEMENT

Each week a beautiful guided meditation (an important component to balance & enhance the brow chakra) will be offered, to clear blocks, receive messages, connect with your divine aspect of intuition and develop more deeply your seat of clairvoyance. We will then focus strongly on your third eye 👁️ chakra using a variety of techniques to enhance this energy centre of intuition, wisdom & foresight.

Dates: Mondays, 28 April – 9 June Time: 1.15pm – 2.15pm Cost: \$140

## ♥ HEAVENLY HEALING CLASSES ♥

After a calming meditation, you will have the opportunity to use your pendulum, divine essences, different crystal layouts, practise Reiki techniques, chakra balancing and partner & self healing over 1 ½ hours. A variety of healing techniques will be available for you to practise, while deepening your connection with your Healing Guides & Masters and furthering your Reiki knowledge. Our beautiful sessions end with discussion, questions, sharing & oracle cards. *These classes are for those who have completed Reiki 2.* 😊

Dates: Tuesdays, 29 April – 10 June Time: 1.15pm – 2.45pm Cost: \$199

## LIVING YOUR PURPOSE – Wayne Dyer

Do you wish to learn how to actively follow your bliss and live a purposeful life? Through a range of exercises, meditations, self discovery techniques and mind mastery tools, you can learn how to tune into the voice of your true self and live with more inner peace & purpose. Divine inspiration!

DATES: Wednesdays, 30 April – 11 June TIME: 1.30pm – 2.30pm COST: \$140

## MIND-BODY-SOUL REBALANCE 1:1 Sessions

These popular one-to-one sessions include hands-on healing, spiritual counselling and sharing of insights, tools & techniques to assist you to be all you can be!

*Please note there can be several months wait for an appointment. \$110*

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