

# SOUL SANCTUARY

SOUL SANCTUARY CLASSES & COURSES TERM 1 2025

## GODDESSES, DEITIES & CELESTIAL BEINGS

*Learn about their role as a source of empowerment, healing & transformation*

Gain a deeper understanding & appreciation of the *Divine Feminine* and specific **Goddesses/Deities** including related symbols, ♀ history, cultural traditions, affirmations, crystals, meditation and oracle cards.

We will explore the historical, cultural & mythological representations of feminine energy in relation to specific Goddesses eg Greek, Hindu, Celtic, Egyptian, Roman and learn how rituals, ceremonies and practices were celebrated to honour the divine feminine, cycles of nature and the interconnectedness of all life.

*This course invites you to embrace the Divine Feminine in your own spiritual journey towards wholeness, balance & peace.*

**DATES: Thursdays**, 30 January – 10 April (no class 6 Feb & 13 March)

**TIME: midday – 1pm**

**COST: \$180 (9 weeks)**

## \*\* LIVING PURPOSEFULLY WITH THE DIVINE \*\*

*Learn about & discuss how to live purposefully & in line with the Force of Love*

Whether we know it or not, we all experience the touch of the Divine in our lives every single day. By allowing the Divine to lead the way, we can learn how to be guided and to take action at the perfect time, maximising and enjoying this wonderful offering called life!

Each week we will explore different spiritual aspects and discuss and share how the Divine's intervention impacts & enhances our daily lives.

**DATES: Wednesdays**, 5 February – 9 April (no class 12 March)

**TIME: midday – 1pm**

**COST: \$180 (9 weeks)**

## MIND-BODY-SOUL REBALANCE 1:1 Sessions



These popular one-to-one sessions include hands-on healing, spiritual counselling and sharing of insights, tools & techniques to assist you to be all you can be!

*Please note there can be several months wait for an appointment. \$110*


For further information Tel: **021 2611 457**

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## BLISSFUL MEDITATION & SPIRITUAL EXPANSION

Focus will be on deepening your connection and understanding of a variety of topics including inner peace, Spirit Guides, Guardian Angels, cord cutting and particularly Past Lives. The term will begin with a beautiful **chakra** guided meditation, giving you the opportunity to cleanse, activate and bring healing to these divine vortexes of energy. A guided meditation will be offered each week and spiritual discussion/questions welcomed. Sessions will end with a  centred healing circle.

DATES: **Mondays**, 3 February – 7 April (no class 10 March)

TIME: 1.15pm – 2.15pm

COST: \$180 (9 weeks)

## ANSWERING YOUR SOUL

Learn to live as an authentic expression of who you truly are, guiding yourself back home to the callings of your soul and reconnecting with the core of your being. Insights, tips, exercises, invocations & guided meditations will enhance learning of your purposes, what lights you up and how you can enhance your life and those around you. Bliss!

DATES: **Wednesdays**, 5 February – 9 April (no class 12 March)

TIME: 1.30pm – 2.30pm

COST: \$180 (9 weeks)

### OTHER CLASSES/COURSES -

**REIKI** - workshops, all degree levels. Taught in pairs for maximum benefit.

**Numerology** - *An enlightening foundation numerology course exploring the universal language of numbers. Uncover information about yourself and the world by learning and understanding how **your special numbers** have significance and how to apply them to enhance your life. This course is taught 1:1 over 4 weeks.*

**Soul Signs** - A popular course offered one-to-one over 5 weeks, assisting you to discover so much about you! What motivates you and why do you behave the way you do? Your soul sign relates to your *true nature & purpose* and this course can open you up to huge personal growth and understanding about YOU, others and the world.

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