

SOUL SANCTUARY

SOUL SANCTUARY CLASSES & COURSES TERM 2 2023



ARCHANGELS & SPIRITUAL EXPANSION

Increase your spiritual development AND get to know more about the main Archangels, their role and how they can help you in everyday life.

The information shared is fun, practical and gives you an in-depth foundation.

Beautiful guided meditations will heighten your awareness of these angelic beings and the gifts and messages they have to share with you.

We will also deepen our understanding of a variety of other topics including past lives, angels, guides and developing more inner peace & serenity.

Dates: **Mondays**, 24 April – 26 June (no class 8 May or Queen's Birthday- 5 June)

Time: **midday – 1pm OR 1.30pm – 2.30pm** Cost: \$155 (8 weeks)

** PEACE, POSITIVITY & PLEASURE THROUGH GRATITUDE & GRATEFULNESS **

Following on from 'Living Purposefully with the Divine, we now put into practise HOW to bring more peace, positivity & pleasure to our daily lives.

Each week we will focus on a Spiritual New Age Guru/Teacher and learn about how their work has impacted the world through being in a state of gratitude and their teachings about gratefulness. We will explore the difference between gratitude & gratefulness, how to actively practise & maintain it, benefits, ways/tips/observations. This course will include a practical component as well as beautiful guided meditations, discussion & peace practises.

Dates: **Thursdays**, 27 April – 29 June Time: **midday – 1pm** Cost: \$170 (9 weeks)

'REJUVENATION, REMARKABLE RUNES & CASTINGS'

Learn simple tips for rejuvenation, restoration and HOW to easily replenish yourself. A lovely guided meditation will enhance your learning.

Also, 'Remarkable Runes & Castings' will assist you to become even more familiar with these beautiful ancient stones, their meanings and methods of casting. Learn how can they can assist YOU and OTHERS in life. Lots of fun!

Dates: **Wednesdays**, 26 April – 28 June (no class 10 May)

Time: **midday – 1pm** Cost: \$170 (9 weeks)



For further information **Tel:** 021 2611 457

Email: soulsanctuary@xtra.co.nz **Website:** jodevane.com

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** JOURNEY TO INNER ENLIGHTENMENT **

We will continue our spiritual voyage contemplating & learning more about 'Who are you really, what is life really all about & how can you enhance your daily life?' Through rekindling the spark within through mind control & spiritual awakening offerings we can learn how to live a more rewarding, fulfilling & enlightened life. Guided meditations, discussion, reading & practising of self mastery techniques & exercises will be shared to assist you on your enlightenment journey.

DATES: **Wednesdays**, 26 April – 28 June TIME: **1.30pm – 2.30pm**

COST: \$170 (9 weeks)

♥ HEAVENLY HEALING CLASSES ♥

A number of healing classes are offered during in a safe, supportive environment - After a calming meditation, you will have the opportunity to use your pendulum, divine essences, different crystal layouts, practise Reiki techniques, chakra balancing and partner & self healing over 1 ½ hours. A variety of healing techniques will be available for you to practise, while deepening your connection with your Healing Guides & Masters and furthering your Reiki knowledge. Our beautiful sessions end with discussion, questions, sharing & oracle cards. These classes are for those who have completed Reiki 2. ☺
Dates: **Tuesdays**, 16 May – 27 June Times: **tbc** Cost: **\$175** (7 weeks)

OTHER CLASSES/COURSES - **ONLINE or IN PERSON**

SOUL SIGNS - A popular course offered one-to-one over 5 weeks, assisting you to discover so much about you! What motivates you and why do you behave the way you do? Your soul sign relates to your *true nature & purpose* and this course can open you up to huge personal growth and understanding about YOU, others and the world.

NUMEROLOGY - *An enlightening foundation numerology course exploring the universal language of numbers. Uncover information about yourself and the world by learning and understanding how **your special numbers** have significance and how to apply them to enhance your life. This course is taught 1:1 over 4 weeks.*

REIKI - workshops, all degree levels. Reiki 1 - **\$199** for self healing

Reiki 2 - **\$299** for friends, family & pets Taught in pairs for maximum benefit.

For further information, contact Jo on **021 2611 457**

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Website: jodevane.com

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BLISSFUL MEDITATION & SPIRITUAL DEVELOPMENT

Each week we begin with a beautiful guided meditation, followed by spiritual development on topics such as guides, angels, ☺ authentic you, manifesting & how to create more peace & harmony in your life.

Questions & spiritual discussion welcomed. A recap session on Chakras, Flower 🌸 Psychometry & Automatic Writing will also be offered.

Dates: Mondays, 30 January – 3 April **Cost:** \$170 (9 weeks)

Times: Choose from midday – 1pm OR 1.30pm – 2.30pm



REMARKABLE RUNES & CASTINGS

Remarkable Runes & Castings - become familiar with these ancient stones learning their meanings, methods of casting and how these alphabet symbols and letters can assist YOU and OTHERS in life. No experience necessary.

A fun, interactive course full of tips, techniques & insights!

DATES: Wednesdays, 8 February – 5 April

TIME: midday – 1pm **COST:** \$170 (9 weeks)

** LIVING PURPOSEFULLY WITH THE DIVINE **

Learn about and discuss how to live purposefully & in line with the force of Love. Whether we know it or not, we all experience the touch of the Divine in our lives every single day. By allowing the Divine to lead the way, we can learn how to be guided and to take action at the perfect time, maximising and enjoying this wonderful offering called life!

Each week we will explore different spiritual aspects and discuss and share how the Divine's intervention impacts & enhances our daily lives.

Dates: **Thursdays**, 9 Feb – 6 April **Time:** **midday – 1pm** **Cost:** \$170 (9 weeks)

SOUL SIGNS - A popular course offered one-to-one over 5 weeks, assisting you to discover so much about you! What motivates you and why do you behave the way you do? Your soul sign relates to your *true nature & purpose* & this course can open you up to huge personal growth & understanding about YOU, others and the world. Cost: \$349

SOUL SANCTUARY

REIKI WORKSHOPS - taught in pairs for maximum benefit.
All degree levels offered. Reiki 1 \$199 Reiki 2 \$299

♥ HEAVENLY HEALING CLASSES ♥

A number of healing classes are offered in a safe, supportive environment –

Reiki 1 Heavenly Healing Mini Course (4 weeks)

Do you wish to continue your Reiki journey of healing?

This mini course offers you the opportunity to put into practice what you have learnt in Reiki 1, deepening your connection with your own Reiki Masters & Guides.

Reiki 2 Heavenly Healing Course (9 week term)

A variety of healing techniques will be available for you to practise, while furthering your Reiki knowledge. Calming meditations, opportunity to use your pendulum, divine essences, different crystal layouts, practise Reiki techniques, chakra balancing and partner & self healing is offered over 1 ½ hours.

These classes are for those who have completed Reiki 2. ☺



JOURNEY TO INNER ENLIGHTENMENT

Who are you really & what is life really all about?

Do you feel **passionate** about life, **inspired, motivated & full of vitality** or are you tired, lacking energy & is your spark flickering?

We will begin a spiritual voyage to rekindle the spark within through mind control & spiritual awakening offerings. In order to live a more rewarding, fulfilling & enlightened life, meditation, discussion, reading & practising of self mastery techniques & exercises will be shared.

DATES: **Wednesdays**, 8 Feb – 5 April TIME: **1.30– 2.30pm** COST: \$170 (9 weeks)

NUMEROLOGY - *An enlightening foundation numerology course exploring the universal language of numbers. Uncover information about yourself and the world by learning and understanding how your special numbers have significance & how to apply them to enhance your life.*

This course is taught online or in person. Cost: \$279 (4 weeks, one-on-one)

T: 021 2611 457 E: soulsanctuary@extra.co.nz **W:** jodevane.com