

SOUL SANCTUARY

WELLBEING & EMPOWERMENT

*Are you wanting to feel more calm, centredness
& fulfilment in your daily life?*

*Do you want to learn easy ways to
enhance your overall wellbeing?*

Each week you will learn ways to receive
personal guidance through

- crystals
- angel numbers
- divine oracle layouts
(particularly for enhancing your wellbeing)
- guided meditations

bringing more peace, prosperity
& wellbeing to your daily life.

Day: Term begins 17 October,
Either Mondays, Wednesdays or Thursdays
Times: midday – 1pm or 1.30pm – 2.30pm



Cost: \$165 (9 weeks)

For further information, contact Jo on **021 2611 457**
Email: soulsanctuary@extra.co.nz Website: jodevane.com

SOUL SANCTUARY

COURSES - ONLINE or IN PERSON

SOUL SIGNS - A popular course offered one-to-one over 5 weeks, assisting you to discover so much about you! What motivates you and why do you behave the way you do?

Your soul sign relates to your *true nature & purpose* and this course can open you up to huge personal growth and understanding about YOU, others and the world.

NUMEROLOGY - *An enlightening foundation numerology course exploring the universal language of numbers. Uncover information about yourself and the world by learning and understanding how **your special numbers** have significance and how to apply them to enhance your life. This course is taught 1:1 over 4 weeks.*

REIKI - workshops, all degree levels.

Reiki 1 - \$199 for self healing

Reiki 2 - \$299 for friends, family & pets

Taught in pairs for maximum benefit.

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SOUL SANCTUARY

SOUL SANCTUARY CLASSES & COURSES TERM 3 2022

🌸 FLOWER PSYCHOMETRY & AUTOMATIC WRITING

The term will begin with a lovely chakra rebalancing meditation and the opportunity to use the associated crystals & divine essences.

Each week while deepening our connection with the Divine predominantly through meditation, and a positive interactive opportunity will also be offered. Through establishing a stronger connection with your Guides/Higher Self, you will learn to 'read' flowers, exploring a form of psychometry 🌸 and receive guidance for yourself and others through automatic writing ✍️.

DATES: **Mondays**, 25 July – 26 September COST: \$165 (9 week term)

TIME: **midday – 1pm** OR **1.30pm – 2.30pm**

** PSYCHIC DEEPENING Part 2 **

This term we will have the opportunity to deepen our understanding of past lives through further exploration and regression. Focus will also be on our connection with Mother Gaia, strengthening and grounding the energy of our lower chakras. We will be practising expansion of our psychic abilities through a variety of practical experiences including beautiful guided meditations, psychometry, automatic writing, oracle cards & runes.

Dates: **Thursdays**, 28 July – 29 Sept Time: **midday – 1pm** Cost: \$165 (9 weeks)

*BLISSFUL MEDITATION & SPIRITUAL EXPANSION Part 2 *

"Meditation – key to spiritual enlightenment"

After completion of our beautiful individual Archangel learning, we will share an overview session of each divine being and their unique characteristics, associations & key concepts. Focus will then be on deepening our connection and understanding of a variety of topics including inner peace, spirit guides, guardian angels, cord cutting and particularly past lives. A guided meditation will be offered each week and spiritual discussion/ questions are always welcomed.

Weekly sessions will end with a heart centred healing sharing circle. 😊

DATES: **Wednesdays**, 27 July – 28 September TIME: **midday – 1pm**

COST: \$165 (9 weeks)

Limited spaces available Contact JO - Tel: **021 2611 457**

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**** BEINGS OF THE LIGHT, SPIRIT GUIDES & ANGELS ****

This term we will be conscious of, incorporate and put into practise our learning from 'Living Purposefully with the Divine' and 'Peace, Positivity & Pleasure through Gratitude & Gratefulness' in our daily lives.

Through focussed meditation you will be able to deepen your connection with your own 'Divine Team' including Beings of the Light, Spirit Guides & Angels. You will also have the opportunity to connect and receive messages through automatic writing, oracle cards & using your clairvoyance, clairsentience & clairaudient abilities.

Dates: **Wednesdays**, 27 July – 28 September Time: **1.30pm – 2.30pm**

Cost: \$165 (9 weeks)

♥ HEAVENLY HEALING CLASSES ♥

*A number of healing classes are offered during in a safe, supportive environment - A variety of healing techniques will be available for you to practise, while deepening your connection with your healing guides & masters and furthering your Reiki knowledge. After a calming meditation, you will have the opportunity to use your pendulum, divine essences, different crystal layouts, practise Reiki techniques, chakra balancing and partner & self healing over 1 ½ hours. Our beautiful sessions end with discussion, questions, sharing & oracle cards. *These classes are for those who have completed Reiki 2.* 😊*

Dates: **Tuesdays**, 26 July – 27 Sept Cost: **\$190** (9 weeks) Times: **1pm – 2.30pm**

OTHER CLASSES/COURSES - **ONLINE** or **IN PERSON**

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