

SOUL SANCTUARY

SOUL SANCTUARY CLASSES & COURSES TERM 2 2023



ARCHANGELS & SPIRITUAL EXPANSION

Increase your spiritual development AND get to know more about the main Archangels, their role and how they can help you in everyday life.

The information shared is fun, practical and gives you an in-depth foundation. Beautiful guided meditations will heighten your awareness of these angelic beings and the gifts and messages they have to share with you.

We will also deepen our understanding of a variety of other topics including past lives, angels, guides and developing more inner peace & serenity.

Dates: **Mondays**, 24 April – 26 June (no class 8 May or Queen's Birthday- 5 June)

Time: **midday – 1pm OR 1.30pm – 2.30pm** Cost: \$155 (8 weeks)

**** PEACE, POSITIVITY & PLEASURE THROUGH GRATITUDE & GRATEFULNESS ****

Following on from 'Living Purposefully with the Divine, we now put into practise HOW to bring more peace, positivity & pleasure to our daily lives.

Each week we will focus on a Spiritual New Age Guru/Teacher and learn about how their work has impacted the world through being in a state of gratitude and their teachings about gratefulness. We will explore the difference between gratitude & gratefulness, how to actively practise & maintain it, benefits, ways/tips/observations. This course will include a practical component as well as beautiful guided meditations, discussion & peace practises.

Dates: **Thursdays**, 27 April – 29 June Time: **midday – 1pm** Cost: \$170 (9 weeks)

'REJUVENATION, REMARKABLE RUNES & CASTINGS'

Learn simple tips for rejuvenation, restoration and HOW to easily replenish yourself. A lovely guided meditation will enhance your learning.

Also, 'Remarkable Runes & Castings' will assist you to become even more familiar with these beautiful ancient stones, their meanings and methods of casting. Learn how can they can assist YOU and OTHERS in life. Lots of fun!

Dates: **Wednesdays**, 26 April – 28 June (no class 10 May)

Time: **midday – 1pm** Cost: \$170 (9 weeks)



For further information Tel: 021 2611 457

Email: soulsanctuary@xtra.co.nz Website: jodevane.com

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** JOURNEY TO INNER ENLIGHTENMENT **

We will continue our spiritual voyage contemplating & learning more about 'Who are you really, what is life really all about & how can you enhance your daily life?' Through rekindling the spark within through mind control & spiritual awakening offerings we can learn how to live a more rewarding, fulfilling & enlightened life. Guided meditations, discussion, reading & practising of self mastery techniques & exercises will be shared to assist you on your enlightenment journey.

DATES: **Wednesdays**, 26 April – 28 June TIME: **1.30pm – 2.30pm**
COST: \$170 (9 weeks)

♥ HEAVENLY HEALING CLASSES ♥

A number of healing classes are offered during in a safe, supportive environment - After a calming meditation, you will have the opportunity to use your pendulum, divine essences, different crystal layouts, practise Reiki techniques, chakra balancing and partner & self healing over 1 ½ hours. A variety of healing techniques will be available for you to practise, while deepening your connection with your Healing Guides & Masters and furthering your Reiki knowledge. Our beautiful sessions end with discussion, questions, sharing & oracle cards. These classes are for those who have completed Reiki 2. ☺
Dates: **Tuesdays**, 16 May – 27 June Times: **tbc** Cost: **\$175** (7 weeks)

OTHER CLASSES/COURSES - **ONLINE or IN PERSON**

SOUL SIGNS - A popular course offered one-to-one over 5 weeks, assisting you to discover so much about you! What motivates you and why do you behave the way you do? Your soul sign relates to your *true nature & purpose* and this course can open you up to huge personal growth and understanding about YOU, others and the world.

NUMEROLOGY - *An enlightening foundation numerology course exploring the universal language of numbers. Uncover information about yourself and the world by learning and understanding how **your special numbers** have significance and how to apply them to enhance your life. This course is taught 1:1 over 4 weeks.*

REIKI - workshops, all degree levels. Reiki 1 - **\$199** for self healing
Reiki 2 - **\$299** for friends, family & pets Taught in pairs for maximum benefit.

For further information, contact Jo on **021 2611 457**

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