

SOUL SANCTUARY

SOUL SANCTUARY CLASSES & COURSES TERM 1 2022



JOURNEY THROUGH THE CHAKRAS

If you have ever wanted to enhance your own spiritual development learning, but have been unsure where to begin, this course could be for you!

Knowledge & understanding of your chakras forms the base of a lot of spiritually related learning.

Learn how to bring balance to your energy centres through a variety of methods, including visualisation, colour, crystals, divine essences & affirmations. A variety of beautiful guided cleansing/rebalancing chakra meditations will enhance your state of serenity. An hour of bliss!

Dates: **Mondays**, 14 Feb – 11 April Cost: \$165 (9 weeks)

Times: Either **midday – 1pm** OR **1.30pm – 2.30pm**

****PSYCHIC DEVELOPMENT EXPANSION & ENHANCEMENT ****

The term will begin with a beautiful **chakra** guided meditation, giving you the opportunity to cleanse, activate and bring healing to these divine vortexes of energy. Each week a beautiful guided meditation (an important component to balance & enhance the brow chakra) will be offered, to clear blocks, receive messages, connect with your divine aspect of intuition and develop more deeply your seat of clairvoyance. 😊 We will then focus strongly on your third eye 👁️ chakra using a *variety of techniques* to enhance this energy centre of intuition, wisdom & foresight.

Dates: **Thursdays**, 10 Feb – 14 April Time: **midday – 1pm** Cost: \$165 (9 weeks)

**** LIVING PURPOSEFULLY WITH THE DIVINE ****

Learn about and discuss how to live purposefully and in line with the Force of Love. Whether we know it or not, we all experience the touch of the Divine in our lives every single day. By allowing the Divine to lead the way, we can learn how to be guided and to take action at the perfect time, maximising and enjoying this wonderful offering called life!

Each week we will explore different spiritual aspects and discuss and share how the Divine's intervention impacts & enhances our daily lives.

Dates: **Wednesdays**, 9 February – 13 April

Time: **1.30pm – 2.30pm** Cost: \$165 (9 weeks)

Numerology - *An enlightening foundation numerology course exploring the universal language of numbers. Uncover information about yourself and the world by learning and understanding how **your special numbers** have significance and how to apply them to enhance your life. This course is taught online or in person.*

Cost: \$279 (4 weeks, one-on-one)

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★ BLISSFUL MEDITATION & SPIRITUAL DEVELOPMENT ★

Each week we begin with a beautiful guided meditation, followed by spiritual development on topics such as guides, angels, 😊 authentic you, manifesting & how to create more peace & harmony in your life.

Questions & spiritual discussion welcomed. A recap session on Flower 🌸 Psychometry, Automatic Writing & Angel/Oracle Cards will also be offered.

Dates: **Wednesdays**, 1 Feb – 13 April Time: **midday – 1pm** Cost: \$165 (9 weeks)

♥ HEAVENLY HEALING CLASSES ♥

A number of healing classes are offered in a safe, supportive environment –

Reiki 2 Heavenly Healing Course (9 week term)

A variety of healing techniques will be available for you to practise, while deepening your connection with your healing guides & masters and furthering your Reiki knowledge. After a calming meditation, you will have the opportunity to use your pendulum, divine essences, different crystal layouts, practise Reiki techniques, chakra balancing and partner & self healing over 1 ½ hours. Our beautiful sessions end with discussion, questions, sharing & oracle cards. *These classes are for those who have completed Reiki 2.* 😊

Dates: **Tuesdays**, 8 Feb – 12 April Cost: **\$190** (9 weeks) Times: **1pm – 2.30pm**

Reiki 1 Heavenly Healing Mini Course (4 weeks)

Do you wish to continue your Reiki journey of healing?

This mini course offers you the opportunity to put into practice what you have learnt in Reiki 1, deepening your connection with your own Reiki Masters & Guides.

You will have the opportunity to:

- become confident with your learning
- practice self & partner healing in a safe, nurturing environment - giving & receiving healing
- use the Five Principles of Reiki & enjoy calming, guided meditations

DATES: **Tuesdays** 8, 15, 22, 29 Feb TIME: **7.15pm– 9pm** (7.30pm start) COST: \$99 (4 weeks)

SOUL SIGNS - A popular course offered one-to-one over 5 weeks, assisting you to discover so much about you! What motivates you and why do you behave the way you do? Your soul sign relates to your *true nature & purpose & this course can open you up to huge personal growth & understanding about YOU, others and the world.* Cost: \$349

REIKI- workshops, all degree levels. Taught in pairs for maximum benefit.

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