

# SOUL SANCTUARY

## SOUL SANCTUARY CLASSES & COURSES TERM 2 2022

### 'INSPIRE ME' TEACHERS/VISIONARIES COURSE ☺

Each week we will focus on a Spiritual New Age Guru/Teacher and learn about them and how their work has impacted the world (eg Louise Hay, Wayne Dyer, Deepak Chopra etc). During each session we will bring awareness to and explore their unique gifts and teachings, while practising deepening our connection to Spirit/Universal energy through a range of spiritual tools.

Beautiful meditations, oracle cards and healing will be experienced too. Bliss!

DATES: **Mondays**, 2 May – 4 July      COST: \$165 (9 week term)

TIME: **midday – 1pm** OR **1.30pm – 2.30pm**

### \*\* PSYCHIC DEEPENING Part 1 \*\*

This term we will focus on *EXPANSION* of our psychic gifts using a variety of tools, techniques & practises. Learning will include focus on and opening of your higher chakras for personal enlightenment, strengthening your connection with your devoted Guides/Angels and practical experiences including connecting with the Divine through psychometry, automatic writing, oracle cards & runes. Deepening meditations will be offered each week.

Dates: **Thursdays**, 5 May – 7 July      Time: **midday – 1pm**      Cost: \$165 (9 weeks)



### \*\*MEDITATION, ARCHANGELS & MESSAGES

Each week we will focus on a different Archangel. Learning will include what their divine purpose is, how these angelic beings can assist us in our lives, how to invoke their help and which crystals, day of the week & virtue they are aligned with. A beautiful guided Archangel meditation will heighten your awareness of these angelic beings and the gifts, assistance and messages they can share with you.

DATES: **Wednesdays**, 4 May - 6 July      TIME: **midday – 1pm**

COST: \$165 (9 weeks)

*Limited spaces available*

Please contact Jo on

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## \*\* PEACE, POSITIVITY & PLEASURE THROUGH GRATITUDE & GRATEFULNESS \*\*

*Following on from 'Living Purposefully with the Divine, we now put into practise HOW to bring more peace, positivity & pleasure to our daily lives.*

Each week we will focus on a Spiritual New Age Guru/Teacher and learn about how their work has impacted the world through being in a state of gratitude and their teachings about gratefulness. We will explore the difference between gratitude & gratefulness, how to actively practise & maintain it, benefits, ways/tips/observations. This course will include a practical component as well as beautiful guided meditations, discussion & peace practises.

Dates: **Wednesdays**, 4 May – 6 July Time: **1.30pm – 2.30pm** Cost: \$165 (9 weeks)

## ♥ HEAVENLY HEALING CLASSES ♥

*A number of healing classes are offered during in a safe, supportive environment - A variety of healing techniques will be available for you to practise, while deepening your connection with your healing guides & masters and furthering your Reiki knowledge. After a calming meditation, you will have the opportunity to use your pendulum, divine essences, different crystal layouts, practise Reiki techniques, chakra balancing and partner & self healing over 1 ½ hours. Our beautiful sessions end with discussion, questions, sharing & oracle cards. These classes are for those who have completed Reiki 2. 😊*

Dates: **Tuesdays**, 3 May – 5 July Cost: **\$190** (9 weeks) Times: **1pm – 2.30pm**

## OTHER CLASSES/COURSES - ONLINE or IN PERSON

**SOUL SIGNS** - A popular course offered one-to-one over 5 weeks, assisting you to discover so much about you! What motivates you and why do you behave the way you do? Your soul sign relates to your *true nature & purpose* and this course can open you up to huge personal growth and understanding about YOU, others and the world.

**Numerology** - An enlightening foundation numerology course exploring the universal language of numbers. Uncover information about yourself and the world by learning and understanding how **your special numbers** have significance and how to apply them to enhance your life. This course is taught 1:1 over 4 weeks.

**Reiki** - workshops, all degree levels. Taught in pairs for maximum benefit.

For further information, contact Jo on 021 2611 457

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